

Afla *Teen*

**Empowering Adolescents to
become Agents of Change**

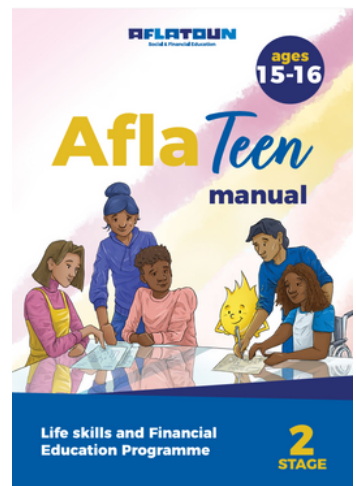
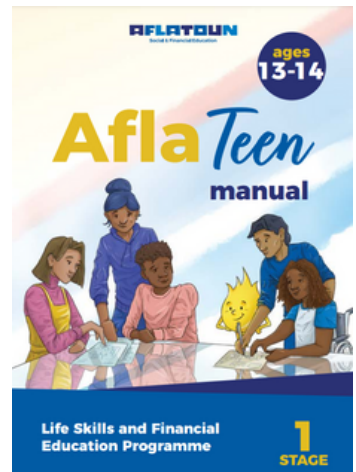


AFLATOUN

Social & Financial Education

What is AflaTeen?

- **Theme:** Life skill and Financial Education through a gender lens for teenage participants.
- **Competency-based:** the curriculum builds on life-long learning objectives and ensures learners acquire practical skills and knowledge, promoting real-world readiness
- **Research-based:** based on 13 years of experience implementing the programme in 82 countries and new research in adolescent SFE programming.
- **Age appropriate:** two stages to better support and address the needs of learners during their teenage years.
- **Inclusive and gender-sensitive:** the curriculum has been designed to champion diverse abilities and support gender-transformative programming
- **Sexual and Reproductive Health and Rights component:** equips participants with the essential tools to navigate the transformative journey of puberty with confidence.
- **Building blocks for AflaYouth:** the curriculum encourages learners to explore their strengths and future options as they are introduced to ideas such as employability and entrepreneurship options.
- **Learner-centered strategies:** the curriculum presents the participants with a wide range of learning strategies like games, exercises, role plays and activities that offer a creative and active approach to learning focused on the learner. Moreover, the content includes the latest developments on digital financial literacy, climate education and green entrepreneurship



What is the structure of AflaTeen?



The Aflateen programme can be implemented in school and out-of-school settings. Each stage has a total of 38h of content and one final activity.

Stage 1: 13-14 years olds

- More appropriate for the younger end of the adolescent spectrum
- More focused on understanding, naming, listing, and remembering as well as a simpler focus on puberty.
- Focuses on body changes, menstruation, body and mind, and healthy and unhealthy relationships.

Stage 2: 15-16 years olds

- More appropriate for this older end of the adolescent spectrum
- More focused on analyzing, applying, and demonstrating as well as a more in-depth focus on sexual and reproductive health.
- Focuses on themes that are more relevant for an older group, such as GBV, sexually transmitted infections, choices around sex and marriage/children.

Modules and Assessments

1. Personal Understanding	4. My Finances
2. Rights and Responsibilities	5. Career & Entrepreneurship
3. My Body, My Choices	Final Assessment and Reflection Lesson



What will the AflaTeen participants learn?



Knowing yourself, others and the community
The curriculum is all about building a strong foundation for personal growth and community engagement. Participants will get to know themselves, each other, and their communities better through fun and interactive activities. They'll build trust and create a safe space to learn and grow.

Rights and Responsibilities
The curriculum empowers participants to go beyond self-discovery and develop a sense of responsibility towards society and the environment. By understanding rights, challenging gender stereotypes, embracing diversity, and protecting the environment, participants are equipped to become active agents of positive change in their communities and beyond.

Building Healthy Habits
The curriculum delves into the crucial realm of personal health and well-being, empowering

participants to make informed choices and navigate the complexities of growing up. It empowers participants to advocate for their health and well-being. They develop the confidence and skills to communicate their needs and make choices that prioritize their physical and mental health.

Mastering Money for Happy Life
The curriculum equips the participants with practical financial tools, promotes responsible consumerism, raises awareness about economic realities, and empowers them to navigate the complexities of money and build a financially secure and fulfilling future.

Building Future
The curriculum helps in cultivating a mindset of proactive engagement with the future, by equipping the participants with career exploration tools, entrepreneurial skills, and sustainable practices. Aflateen empowers them to build fulfilling lives and contribute positively to their communities and the environment.

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