

AflaTot

Early Childhood Education for Sustainable Development

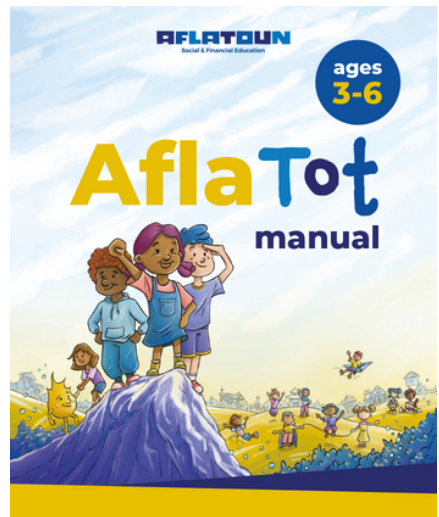


AFLATOUN

Social & Financial Education

What is AflaTot?

- **Theme:** Early childhood social and financial education for sustainable development for children aged 3-6. It focuses on providing children with foundational Social and Financial Skills and attitudes, before they reach primary school. It supports a holistic approach to child development in four key domains: language, cognitive, physical and social & emotional.
- **Active Learning Through Play:** AflaTot emphasizes child-centered active learning approach by engaging children in thinking, discussing, investigating, and creating. This approach is enhanced through play-based activities, where children can explore foundational social and financial concepts. This is facilitated by complementary educational resource materials for AflaTot facilitators and parents.
- **Relationship Building and Family Engagement:** The AflaTot teaching method emphasises relationship building with peers, teachers, and families, fostering children's ability to relate to others while developing empathy and self-confidence. To enhance this approach, a family toolkit is provided, promoting systematic and conscious family engagement in the child's learning and development. This toolkit offers simple, practical strategies for parents to support their children in making independent choices, understanding emotions, exploring nature and its resources, and learning essential life skills such as saving, spending, and sharing, ensuring the child's holistic growth.
- **Child-centred Learning:** AflaTot has a child-centred approach, which builds on the child's experience and creativity by creating a space for them to share their ideas.



Modules

Introductory Module: You, Me and Aflatoun

This module builds a sense of belonging and enthusiasm for learning by introducing children to the Aflatoun character and activities. It establishes group norms and a supportive environment, laying the foundation for social and financial education and developing key social interaction skills for holistic growth.



Module 1: I am Special in Many Ways

Children explore their individuality through activities that focus on their names, physical traits, preferences, and emotions. By learning about their bodies, senses, and feelings, they build self-awareness, emotional intelligence, and self-confidence, while identifying their strengths and talents.

Module 2: Me, My Family, and Friends: Taking Care of the People We Love

Children learn about relationships by understanding family roles, needs, and support, fostering empathy and social responsibility. Through friendship activities, they experience kindness, sharing, and cooperation, building the foundation for positive relationships.

Module 3: Taking Care of Our Planet

Children engage with Earth and nature, learning about resource conservation, animal habitats, and weather. Through activities on waste management, recycling, and reducing consumption, they develop a sustainable mindset and a sense of responsibility towards a greener future.

Module 4: Me and Money: Spending, Saving, and Sharing

Children discover money, its value, and the emotions it can bring. They learn about local currency, its shapes, colours, and denominations, and the importance of caring for their money. Through activities on spending, saving, and giving, they distinguish between needs and wants and practice making choices. They also develop emotional awareness related to money and possessions, laying the foundation for responsible money management.

Module 5: Me and My Community: Living and Working Together

Children explore their community's cultural and linguistic diversity, learn about local jobs and community helpers, and discover neighbourhood roles. They also engage in teamwork, identifying community issues and suggesting solutions to achieve common goals.

The Family Toolkit

Supporting Learning at Home for Caregivers

This section offers tips for caregivers to follow and provides guidance on how to discuss the module's topics with their child, along with suggested home activities.

Facilitator-Led Sessions for Children and Caregivers

Facilitator-led sessions that engage both caregivers and children in activities, allowing them to learn and participate together.

What will children learn?



- > To develop a positive sense of well-being and identity
- > To take care of the people they love
- > To help each other
- > To live and work together
- > To spend, save and share
- > To care for the planet and conserve resources
- > To practice sustainable habits



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